

EDITOR'S PICK



SUBSCRIBE TO
www.facebook.com/outmagazine

UBCODE=OUT&TRACKCOI
<https://instagram.com/outmagazine>

FASHION (/FASHION)

POPNOGRAPHY (/POPNOGRAPHY)



<https://twitter.com/outmagazine>



<http://outofficial.tumblr.com>



[\(/signup\)](#)

[TRAVEL & NIGHTLIFE \(/TRAVEL-NIGHTLIFE\)](#)

A Weekend Upstate: My Trip to Albany & Troy Was an Unexpected Delight



COURTESY ZACH ZACHARY

Maybe it's time to a take a trip up to New York State's capital?

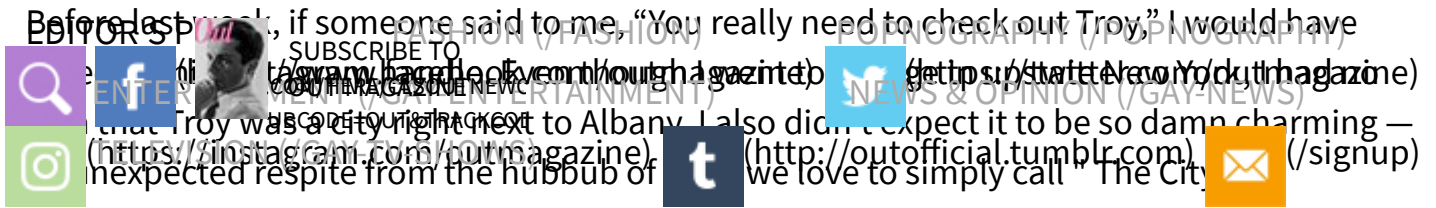
BY ZACHARY ZANE (/AUTHORS/ZACHARY-ZANE)

OCTOBER 29 2018 1:33 PM EDT



[https://twitter.com/share?](https://twitter.com/share?text=A+Weekend+Upstate%3A+My+Trip+to+Albany+%26+Troy+Was+an+Unexpected+Delight&url=https://vnightlife/2018/10/29/weekend-upstate-my-trip-albany-troy-was-unexpected-delight)

[text=A+Weekend+Upstate%3A+My+Trip+to+Albany+%26+Troy+Was+an+Unexpected+Delight&url=https://vnightlife/2018/10/29/weekend-upstate-my-trip-albany-troy-was-unexpected-delight](https://vnightlife/2018/10/29/weekend-upstate-my-trip-albany-troy-was-unexpected-delight)



Before last night, if someone said to me, “You really need to check out Troy,” I would have
 that Troy was a city right next to Albany. I also didn't expect it to be so damn charming —
 unexpected respite from the hubbub of we love to simply call “The City.”

If you haven't taken an Amtrak upstate during fall, you must. While I'm definitely a city boy — a
 Los Angeles native and New York transplant — I still love the leaves changing. Everyone does.
 You'd be a monster not to. The view as you train alongside the Hudson River truly is
 breathtaking, and somehow, it never gets old. I used to take the same train when I went to
 college up in Poughkeepsie (same line, just got off a few stops earlier). This time up, I told
 myself I was going to actually work on the train since I'd seen the views before, but nope! I
 found myself staring out the window for a solid hour.

ADVERTISING



inRead invented by Teads

After the train ride, I headed to the B&B at Gardner Farm Inn
 (<https://www.gardnerfarminn.com/>). In the era of airBnB, I've actually never stayed in a proper
 BnB, and let me tell you something, I get why people like them. The Gardner Farm Inn was
 owned and operated by John, a gay man who was possibly the kindest host in the entire world.
 Both nights I stayed there, we finished a bottle of wine, as he told me stories about guests and
 the delights of Troy. Both mornings, I woke up to a decadent breakfast: blueberry
 waffles, frittatas, and banana bread muffins.

After putting down my things at the B&B, I started my trip in Albany, which as you may
 remember from 5th grade, actually is the capital of New York State. The Capitol Building was a
 sight to behold, and being fall, I did a “spooky” ghost tour
 (<https://hauntedhistorytrail.com/explore/new-york-state-capitol-haunting-tours>) of the

EDITOR'S PICK     

FASHION (/FASHION) [/www.facebook.com/outmagazine](https://www.facebook.com/outmagazine) [/twitter.com/outmagazine](https://twitter.com/outmagazine) [/www.outmagazine.com/entertainment](https://www.outmagazine.com/entertainment) [/www.outmagazine.com/news/gay-news](https://www.outmagazine.com/news/gay-news) <http://outofficial.tumblr.com> (/signup)

SUBSCRIBE TO [/www.outmagazine.com](https://www.outmagazine.com) [/www.outmagazine.com/news/gay-news](https://www.outmagazine.com/news/gay-news) [/www.outmagazine.com/entertainment](https://www.outmagazine.com/entertainment) [/www.outmagazine.com/news/gay-news](https://www.outmagazine.com/news/gay-news)

ENTER [/www.outmagazine.com](https://www.outmagazine.com) [/www.outmagazine.com/news/gay-news](https://www.outmagazine.com/news/gay-news) [/www.outmagazine.com/entertainment](https://www.outmagazine.com/entertainment) [/www.outmagazine.com/news/gay-news](https://www.outmagazine.com/news/gay-news)

UPCODE=OUT&TRACK=OUI [/www.outmagazine.com](https://www.outmagazine.com) [/www.outmagazine.com/news/gay-news](https://www.outmagazine.com/news/gay-news) [/www.outmagazine.com/entertainment](https://www.outmagazine.com/entertainment) [/www.outmagazine.com/news/gay-news](https://www.outmagazine.com/news/gay-news)



COURTESY ZACH ZACHAR

Then of course you have to head to the Troy Farmer's Market, which happens every Saturday. (It's outside the city.) (<http://www.outmagazine.com/food/dining/2018/10/29/troy-farmer-market/>) (https://twitter.com/outmagazine) (https://instagram.com/outmagazine) (http://outofficial.tumblr.com) (/signup)

There, with all different types of vendors ranging from alcohol distributors, hand-carved pens, and candle makers. You can actually see the Hudson River from where the market is outside. During the colder months, they move it inside, so you don't freeze to death out there, which is quite kind of the city.

That evening, I ate at the Hill at Muza (<https://www.thehillatmuza.com/menu/>), which is European fusion food. The "potato pancake disco balls" were fried heaven. If you go, it's a must. And the ambiance is super cute. Even though it was chilly out, they had heat lamps, so I was able to sit outside in the wine garden.

The next morning, I headed to apple picking, and I mean, for the love of God, if you're upstate in the fall, it would be criminal to skip the opportunity. (Although the season is actually winding down, typically ending after Halloween.)

Prior to heading to Indian Ladder Farms (<http://www.indianladderfarms.com/>), I didn't realize that "going apple picking" is a lot more than simply picking apples. I thought you go, snap a cute adorable Instagram photos, and you're in and out within 30 minutes. Bada bing bada boom!

EDITOR'S PICK

SUBSCRIBE TO

www.facebook.com/outmagazine

POPNOGRAPHY (/POPNOGRAPHY)

<https://twitter.com/outmagazine>



OUTMAGAZINE NEWS
UBCODE=OUT&TRACKCOI



<https://instagram.com/outmagazine>



<http://outofficial.tumblr.com>



[\(/signup\)](mailto:outmagazine@out.com)



COURTESY ZACH ZACHARY

No, it's like a damn amusement park there. The properties at Indian Ladder Farm is huge. a (k <https://www.instagram.com/outmagazine>) in 40s a /twitts of apples (outmagazine) pick berries and pumpkins too, in case you're allergic to apples (which apparently is a g). Then they brew their own beer and cider on site and even smoke g <https://instagram.com/outmagazine> (<http://outofficial.tumblr.com>) (/signup)

They have a farm you can check out with some of the friendliest sheep and goats ever in existence, trails in the back to go hiking, and of course, a restaurant and gift shop. Easily, you can spend half a day there, and really live out your fall fantasy.

So in the end, I have to say upstate was surprisingly good. And while you may not necessarily think to yourself, *shit, I really gotta check out Albany and Troy*, maybe it's time you should.

Tags: TRAVEL & NIGHTLIFE (/TRAVEL-NIGHTLIFE)

FROM OUR SPONSORS

Bonobos Wants You to Walk with Pride

AD BY BONOBOS